**To Apply the Deployments we need to run below commands:**

**kubectl apply -f my-app-deployment.yaml**

**kubectl apply -f cache-deployment.yaml**

Below is to Apply the Service:

**kubectl apply -f my-app-service.yaml**

and to apply the NetworkPolicy:

**kubectl apply -f my-app-network-policy.yaml**

Just to verify that the NetworkPolicy is applied:

**kubectl describe networkpolicy my-app-network-policy**